

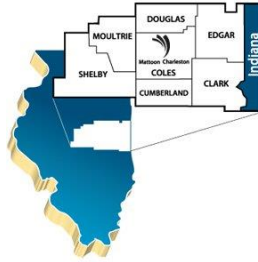


ILLINOIS YOUTH SURVEY

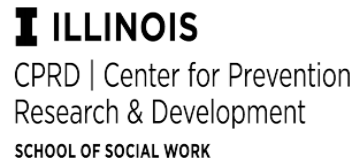
2020 Community Report

List of Participating Schools

Arcola High School
 Arthur Grade School
 Atwood-Hammond Grade School
 Casey-Westfield Jr/Sr High School
 Charleston High School
 Charleston Middle School
 Chrisman High School
 Chrisman-Scotland Jr High School
 Crestwood Jr High School
 Cumberland High School
 Lake Crest Elem School
 Marshall Jr High School
 Marshall High School



Martinsville Jr/Sr High School
 Mayo Middle School
 Oakland High School
 Okaw Valley High School
 Okaw Valley Middle School
 Paris Cooperative High School
 Shelbyville High School
 Shiloh High School
 Stewardson-Strasburg Elem School
 Stewardson-Strasburg High School
 Sullivan High School
 Sullivan Middle School



Thank you to the CEAD Council and HRC of Edgar and Clark Counties for assisting the administration of the IYS.

Survey Validity

Studies of surveys similar to the Illinois Youth Survey (IYS) that check substance use responses against actual drug tests have shown substantial validity. In addition, the patterns of use revealed by the IYS are consistent with other measures such as differential treatment rates for different substances. The survey provides valid statewide estimates of alcohol, tobacco, and other drug use. Data collection processes are closely monitored to address limitations whenever possible and to screen for inconsistencies in the self-report.

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Survey Significance



The Illinois Youth Survey (IYS) is a statewide survey administered to students in the 8th, 10th and 12th grades.

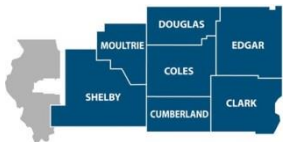
The IYS includes questions about a number of health-related behaviors and measures key risk and protective factors that strongly contribute to community-wide substance use rates among youth.

By collecting data from the following content areas, we offer a brief report of key health indicators that can be shared with concerned parents, families, and community groups. For more information, visit www.iys.cprd.illinois.edu

Content Area

- Alcohol
- Drugs
- Tobacco
- Parental Influences
- Peer Relationships
- School Experiences
- Bullying
- Depression & Suicide
- Physical Health
- Body Image

Participation



58%
of eligible schools housing grades 8, 10 and 12 participated in the 2020 Illinois Youth Survey

2020 IYS Participation by Grade in the Schools Surveyed in Coles, Clark, Cumberland, Douglas, Edgar, Moultrie and Shelby Counties

Grade	N Students Surveyed	N Students Enrolled in Community	% Enrolled Students in Community Report
8 th	642	1538	42%
10 th	589	1403	42%
12 th	432	1375	31%
Total	1663	4316	39%

Due to COVID-19 restrictions late in the school year, some schools were unable to participate.

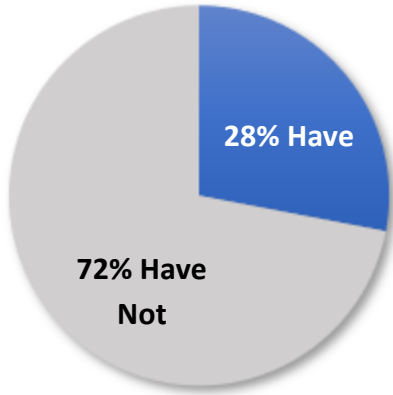
Thank You!

We would like to thank those schools who took the time to take the survey. Your participation and results are invaluable!

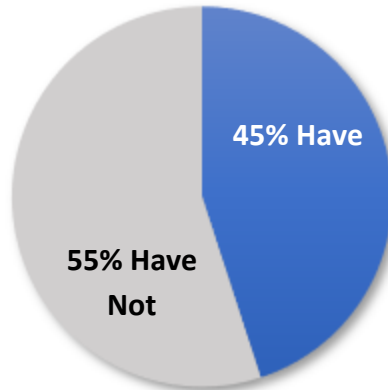
Alcohol

Percentage of students who have *consumed alcohol* in the *past year*

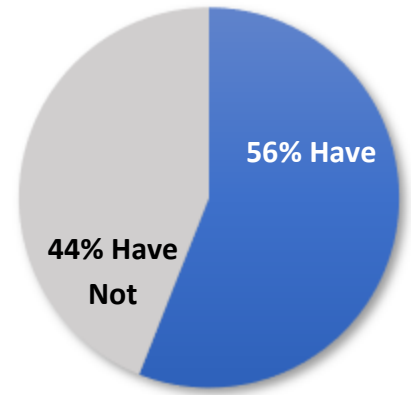
8th Grade



10th Grade



12th Grade

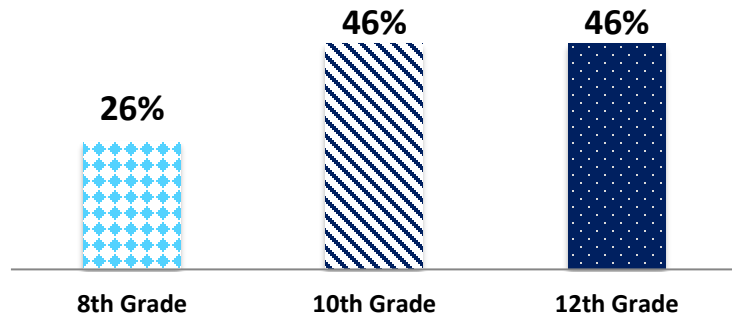


In the past year,
1 out of 5
high school students



have *used alcohol or drugs while alone*.

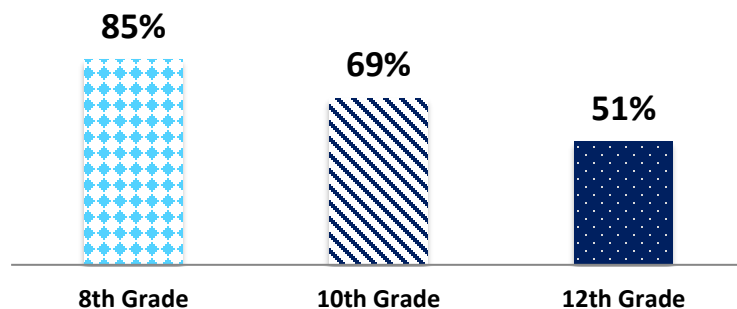
Percentage of students who think there would be *some* to a *very good chance* they would be seen as *cool* if they began to *drink alcohol* at least *once or twice per week*



20%
of 12th grade students have had *5 or more alcoholic drinks in a row* (known as *binge drinking*) during the past two weeks



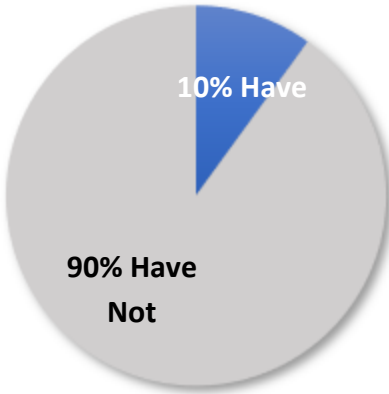
Percentage of students who think it is *wrong* or *very wrong* for someone their age to *drink alcohol regularly*



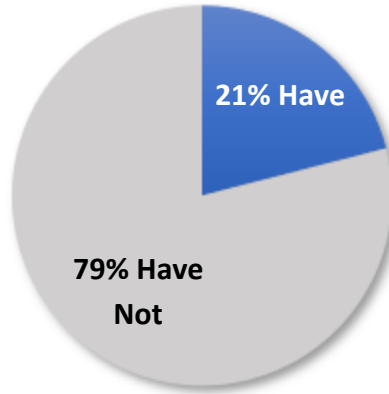
Marijuana

Percentage of students who have *used marijuana* in the *past year*

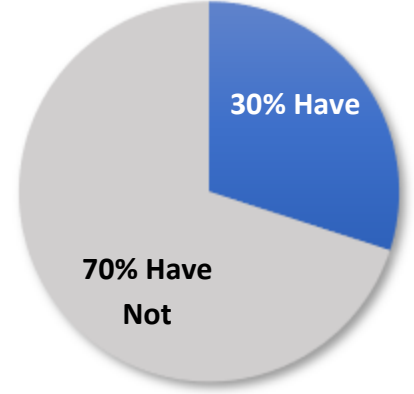
8th Grade



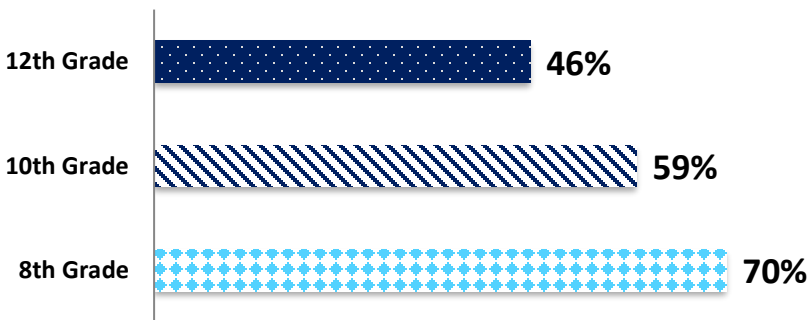
10th Grade



12th Grade



Percentage of students who think there is a *moderate to great risk* of harming yourself if you use *marijuana once or twice a week*

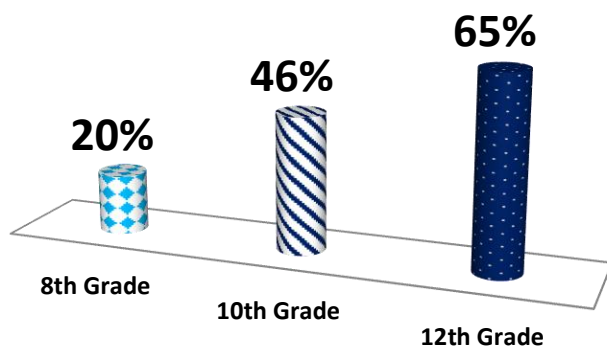


Nearly 78%

of 12th graders greatly *overestimate* the number of students at their school *who they think* have used *marijuana* in the past 30 days

In reality, **22%** of 12th graders *have used marijuana* in the past 30 days

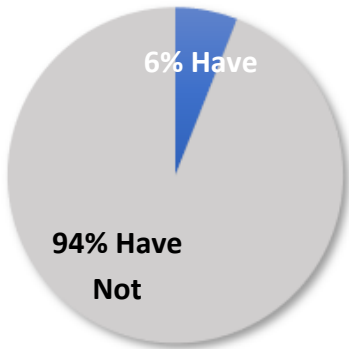
Percentage of students who say it would be *sort of easy to very easy* to get some *marijuana*



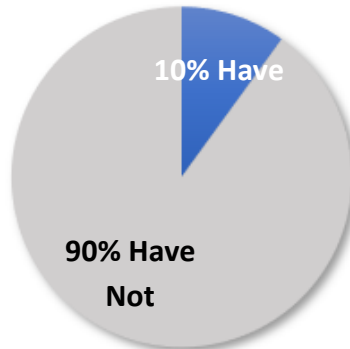
Tobacco / Vaping

Percentage of students who have *smoked cigarettes* in the *past year*

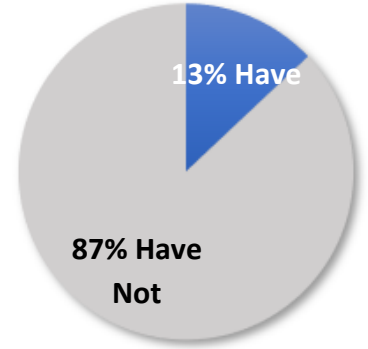
8th Grade



10th Grade

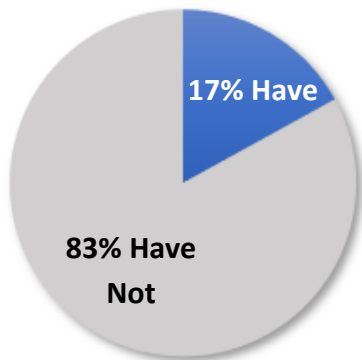


12th Grade

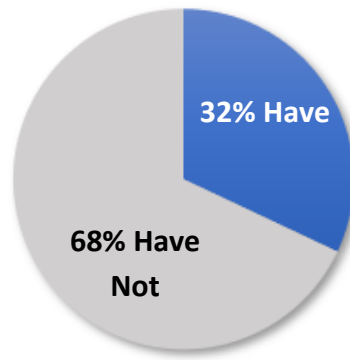


Percentage of students who have *used* any *e-cigarettes* or *vaping products* in the *past year*

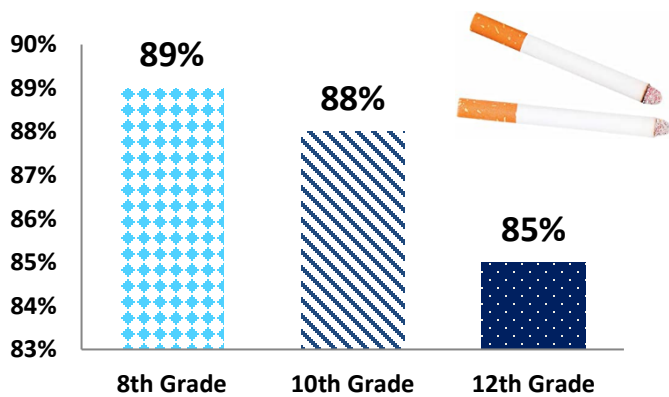
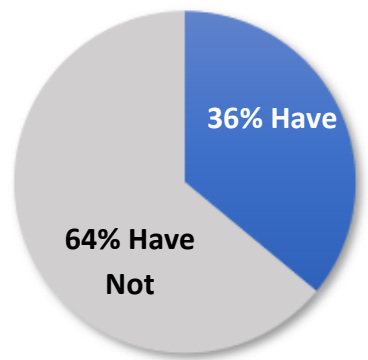
8th Grade



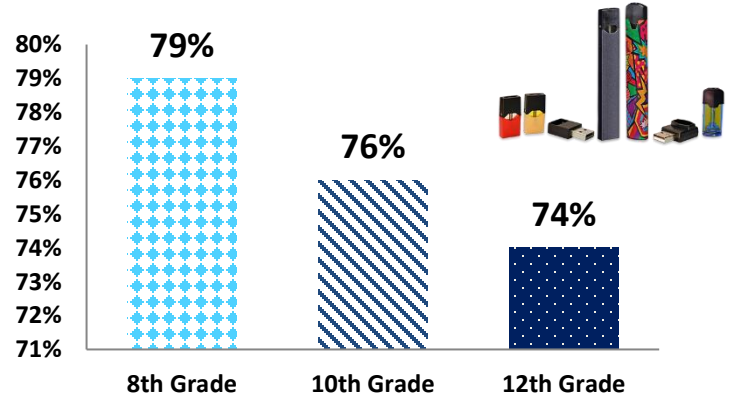
10th Grade



12th Grade

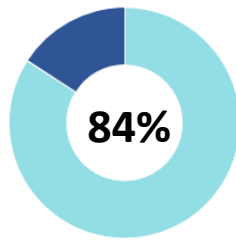


Percentage of students who think there is a *moderate to great risk* of harming yourself if you *smoke one or more packs of cigarettes per day*

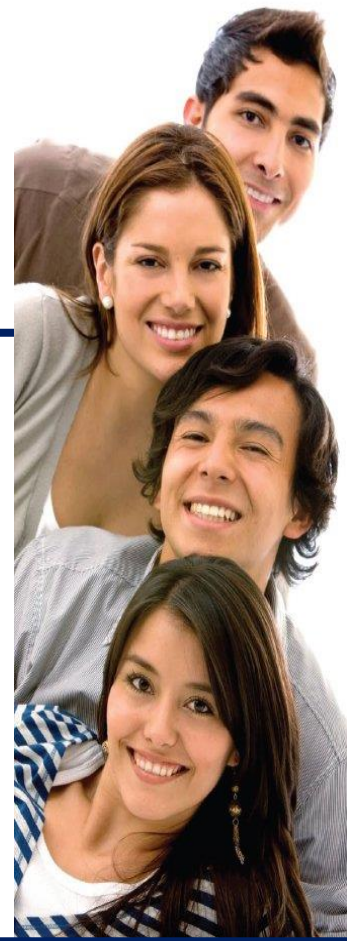


Percentage of students who think there is a *moderate to great risk* of harming yourself if you *use e-cigarettes or other vaping products*

Parental Influences



of students have *families* with clear *rules* about *alcohol* and *drug use*



In the past year, approximately

3 out of 4

high school students



had *parents* talk to them about *not drinking and driving* or *riding with a drunk driver*

In the past year, approximately

5 out of 10

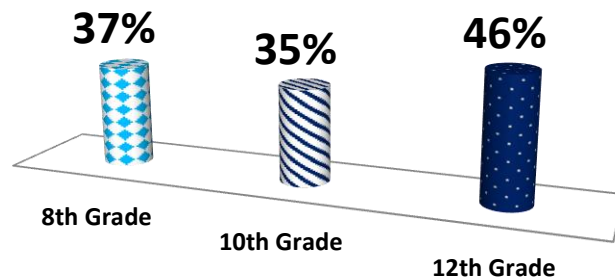
students



had *parents* talk to them about *not using marijuana*



Percentage of students (who identified as using alcohol in the past year) who got their *beer, wine, or liquor* from their *parents WITH their permission*



12th Grade



10th Grade



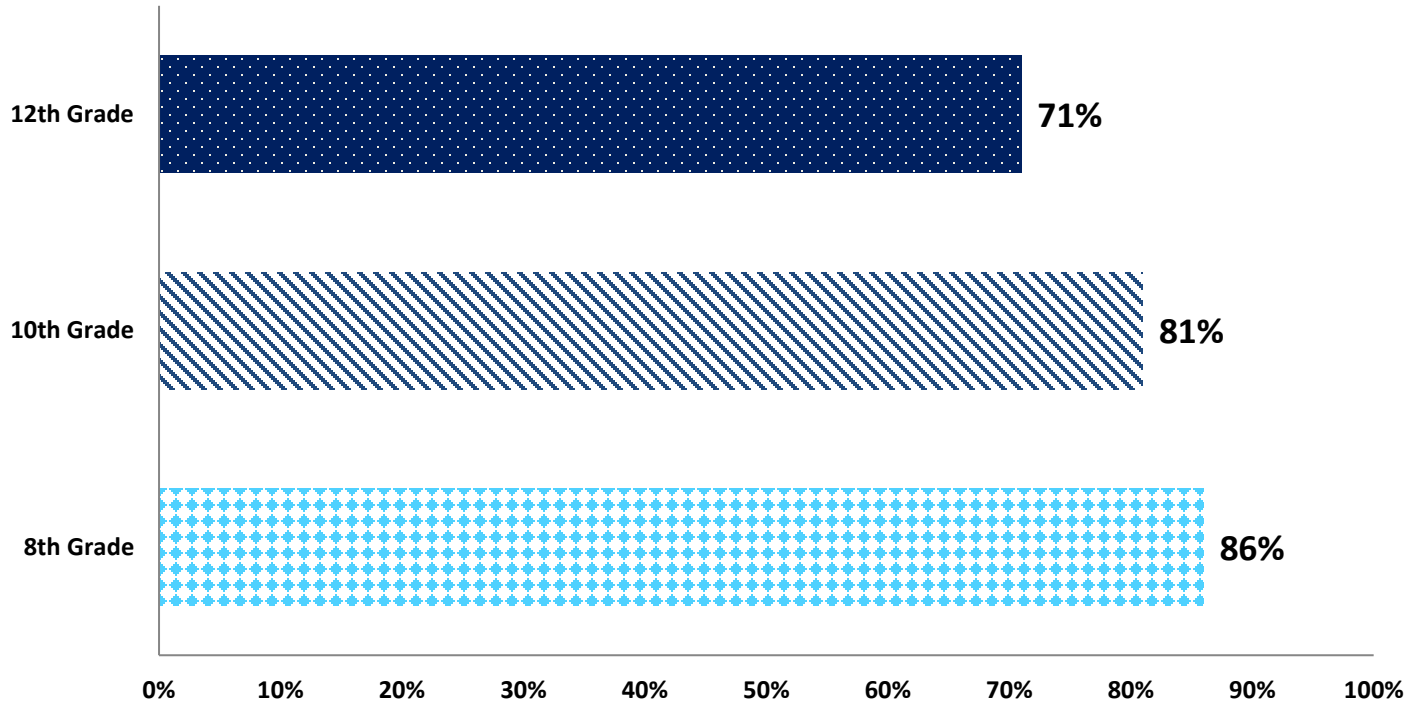
8th Grade



Percentage of students whose *parents/guardians* *always* or *most of the time* know *where* they are at and *who* they are with when not at home

Family Time

Percentage of students who, during the past week, ate **dinner** at **home** with at least one **parent / guardian** on **3 or more days**

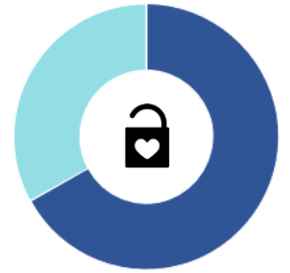


School Experiences

51% of students are **happy** to be at their school



67% of students feel **safe** in their school



72% of students say there is a **teacher** or another **adult** at school who really **cares** about them



64% of students feel **close** to the people in their school

93% of high school students say they participate in **extracurricular activities** and/or **work**



77% of high school students say they **probably will** or **definitely will** complete a **post high school program**

Vocation Training Program



Military Service

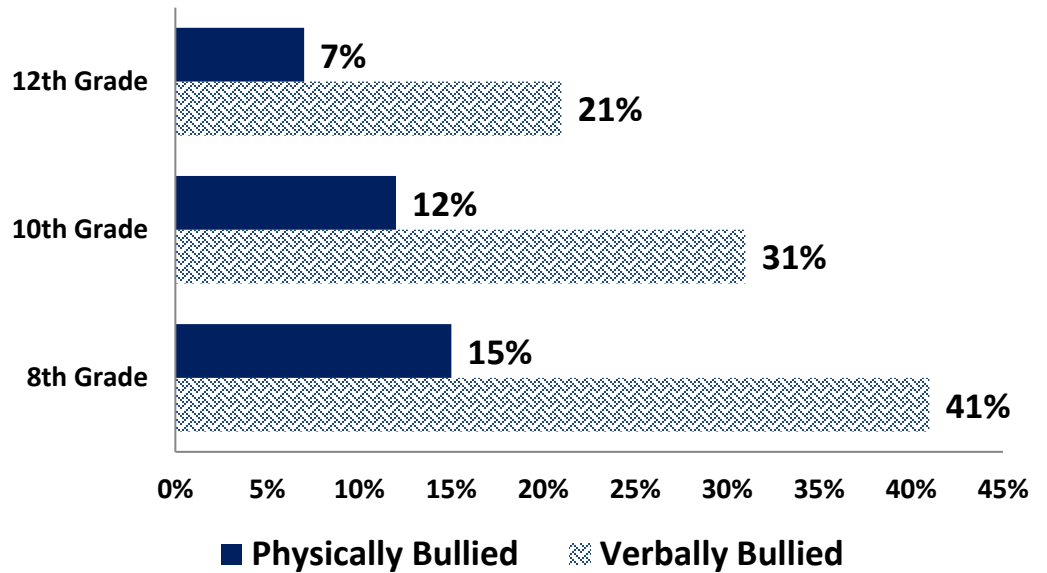


College



Bullying

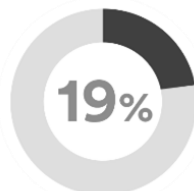
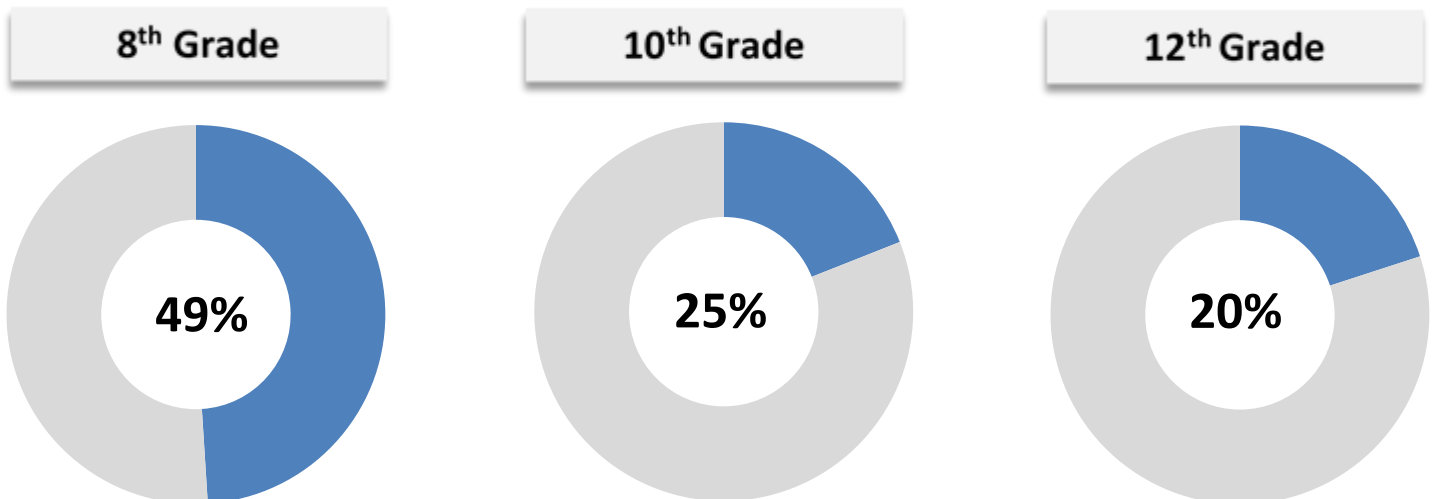
Percentage of students who have been either *physically bullied* or *verbally bullied* during the past year



students have been *bullied, harassed*, or had *rumors* spread about them on the *internet, social media*, or through *text messages* during the past year

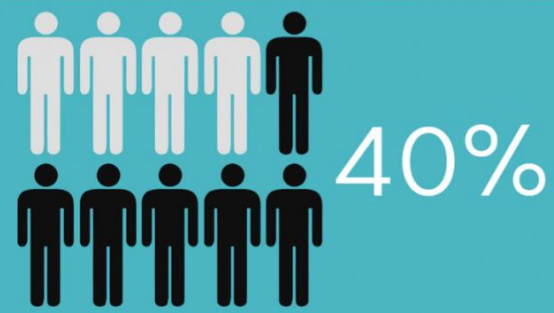


Percentage of students who during the past year have been *bullied, harassed*, or *made fun of* because of their *appearance* or *disability*



of high school students say they were in a *dating relationship* where they were *put down* or *controlled* in the past year

Mental Health



of students have felt so *sad* and *hopeless* almost *every day* for *two weeks* or more in a row that they *stopped* doing some usual *activities*

Depression is **ON THE RISE** 

This is a **7% increase** from the 2018 survey

21%

of high school students have *seriously considered* attempting *suicide* in the past year



86%

of students say they have at least one *adult* in their life (other than a parent) with whom they can *talk* to about *important things* in their life

Teen Driving Habits

25%

of high school students have *ridden in a car* driven by someone (including themselves) who was “*high*” or had been *using alcohol* or *drugs*



Physical Health

35% of students ate *fruits* and *vegetables* at least *once per day or more* during the past week



72%

of students were *physically active* for at least a total of *60 minutes* on *4 or more days* during the past week



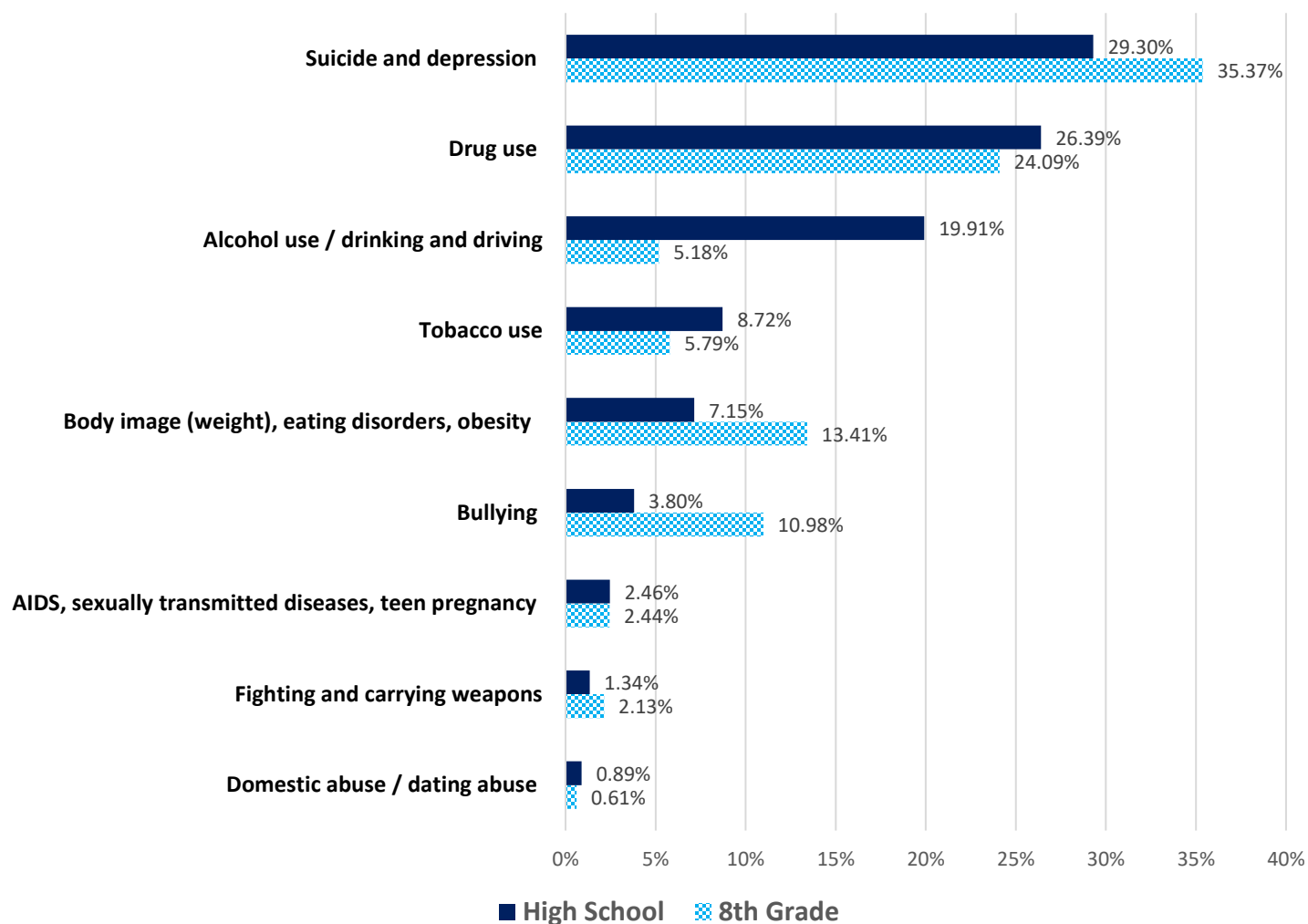
On an average school day, approximately **8 out of 10** students spend an average of **2 or more hours** on **NON-SCHOOL related screen time** such as TV, gaming, texting, and social media.

By comparison, a **healthy goal** for daily screen time is **2 or less hours**.



#1 Health Concern

When students in East Central Illinois were asked what the **NUMBER ONE** health concern was among people their age, they responded with these answers:



To Summarize...

Top 3 Concerns of 8th Graders

- #1: Suicide & depression
- #2: Drug use
- #3: Body image (weight), eating disorder, obesity

Top 3 Concerns of High Schoolers

- #1: Suicide & depression
- #2: Drug use
- #3: Alcohol use / drinking and driving





SBL Healthy Communities

102 W. Buchanan Ave
Charleston, IL 61920
Phone: 217-345-6828
Email: lbollan@sblhs.org

Illinois Youth Survey

The Illinois Youth Survey is administered every two years with the next administration date set for spring of 2022.

There is no cost for schools to take the IYS. This survey provides invaluable health indicators, which help form strategies to improve the quality of life for youth in our area.

Further information can be found at www.iys.cprd.illinois.edu.