



Black Bean Brownies

Ingredients List

1 can black beans, rinsed and drained

½ c cocoa powder

1/4 cup coconut oil (liquid kind)

2/3 c brown sugar

1 cup instant oats

½ tsp baking powder

1 tsp salt

2 tsp vanilla

1 beaten egg

















Directions

- 1. Preheat oven to 350 degrees.
- 2. Add all ingredients to food processor
- 3. Blend on high until well mixed.
- 4. Add to baking pan
- 5. Smooth out, add 60% dark chocolate chips if desired and fold into batter in pan. Add more to the top if desired.
- 6. Bake at 350 degrees for 15-20 min.
- 7. Let cool for 10 min.
- 8. Cut and serve.