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</table>
|    | Swiss Beef Pattie  
Ranch Potatoes  
Midori Blend Veggies  
Whole Grain Wheat  
Mandarin Oranges | Creamed Chicken  
with Green Onion &  
Pimento  
Italian Green Beans  
Biscuits  
Sliced Pineapple | Ham Loaf  
Frosted Sweet Potatoes  
Seasoned Peas  
Gelatin with Fruit  
Rye Bread  
Oatmeal Cookie  
with Raisins | Mostaccioli with Meat  
Sauce  
Romaine Salad  
with Dressing Packet  
Mixed Vegetables  
Dinner Roll  
Fruit Juice | Swedish Meatballs  
Mashed Potatoes  
Spinach  
Whole Grain Wheat  
Fruit Pie |
|    | 11 | 12 | 13 | 14 | 15 |
|    | Sausage and Gravy  
Mini Potato Bakers  
Warm Fruit Compote  
Biscuits  
Fruit Juice | Taco Salad with Meat  
Cheese, Beans, Lettuce,  
Tomato  
Sour Cream and Taco  
Sauce  
Sliced Peaches  
Taco Chips  
Pudding | Pepper Beef over  
Brown Rice  
Peas and Carrots  
Warm Cinnamon Baked  
Apples  
Whole Grain Wheat  
Fresh Fruit | Fried Chicken  
Mashed Potatoes  
with Gravy  
Breaded Tomatoes  
Dinner Roll  
Mandarin Oranges | Roasted Pork Loin  
Baked Beans  
Sicilian Veggie Mix  
Apricots  
Whole Grain Wheat  
Graham Crackers |
|    | 18 | 19 | 20 | 21 | 22 |
|    | Sloppy Joe Sandwich  
Brussels Sprouts  
Scalloped Corn  
Bun  
Apple Slices | Focaccia Chicken  
Breast  
Potato Casserole  
Seasoned Greens  
Texas Toast  
Tropical Fruit | Ham and Beans  
Copper Carrots  
Cornbread  
Sliced Pears | Meat Loaf  
Mashed Potatoes  
with Gravy  
Broccoli  
Whole Grain Wheat  
Pineapple Tidbits | Chicken Salad  
Tortellini Vegetable  
Soup  
Creamy Cole Slaw  
Assorted Crackers  
Fruit Salad |
|    | 25 | 26 | 27 | 28 | 29 |
|    | CLOSED FOR  
MEMORIAL DAY  
HOLIDAY | Saucy Cabbage Rolls  
Corn  
Dinner Roll  
Hawaiian Salad | Shepherd’s Pie  
Harvard Beets  
Dinner Roll  
Pears | Beef Pattie  
with Mushroom Gravy  
Mashed Potatoes  
Carrots  
Dinner Roll  
Cinnamon Chunky  
Applesauce | Pulled Pork Sandwich  
Macaroni and Cheese  
Broccoli  
Fruit Juice  
Bun  
Peaches |

For Reservations Call 1-800-543-1770

Skim milk and desserts with no sugar added are available in many locations.
Ask the Site Supervisor for information.

Sometimes we need to substitute on our menus. We still guarantee a nutritious meal.
The Peace Meal Senior Nutrition Program suggests a donation of $3.50 for each congregate and home delivered meal. No older person shall be denied a meal because of their inability to contribute towards the cost of the meal.
We accept the Illinois Link Card.
## Peace Meal Senior Nutrition Program
### June 2020

| 1 | Swiss Beef Pattie Ranch Potatoes Midori Blend Veggies Whole Grain Wheat Mandarin Oranges |
| 2 | Creamed Chicken w/Green Onion & Pimento Italian Green Beans Biscuits Sliced Pineapple |
| 3 | Ham Loaf Frosted Sweet Potatoes Seasoned Peas Gelatin w/Fruit Rye Bread Oatmeal Cookie w/Raisins |
| 4 | Mostacioli w/Meat Sauce Romaine Salad w/Dressing Pkt. Mixed Vegetables Dinner Roll Fruit Juice |
| 5 | Swedish Meatballs Mashed Potatoes Spinach Whole Grain Wheat Fruit Pie |
| 8 | Sausage and Gravy Mini Potato Bakers Warm Fruit Compote Biscuits Fruit Juice |
| 9 | Taco Salad w/Meat, Cheese Beans, Lettuce, Tomato Sour Cream & Taco Sauce Sliced Peaches Taco Chips Pudding |
| 10 | Pepper Beef over Brown Rice Peas and Carrots Warm Cinnamon Baked Apples Whole Grain Wheat Fresh Fruit |
| 11 | Fried Chicken Mashed Potatoes w/Gravy Breaded Tomatoes Dinner Roll Mandarin Oranges |
| 12 | Roasted Pork Loin Baked Beans Sicilian Veggie Mix Apricots Whole Grain Wheat Graham Crackers |
| 15 | Sloppy Joe Sandwich Brussels Sprouts Scalloped Corn Bun Apple Slices |
| 16 | Focaccia Chicken Breast Potato Casserole Seasoned Greens Texas Toast Tropical Fruit |
| 17 | Ham and Beans Copper Carrots Cornbread Sliced Pears |
| 18 | Meat Loaf Mashed Potatoes w/Gravy Broccoli Whole Grain Wheat Pineapple Tidbits |
| 19 | Chicken Salad Tortellini Vegetable Soup Creamy Cole Slaw Assorted Crackers Fruit Salad |
| 22 | Chicken and Noodles Mashed Potatoes Green and Wax Beans w/Bacon & Onion Whole Grain Wheat Fresh Grapes |
| 23 | Saucy Cabbage Rolls Corn Dinner Roll Hawaiian Salad |
| 24 | Shepherd’s Pie Harvard Beets Dinner Roll Pears |
| 25 | Beef Pattie w/Mushroom Gravy Mashed Potatoes Carrots Dinner Roll Cinnamon Chunky Applesauce |
| 26 | CHEF’S CHOICE REGIONAL FAVORITES WILL BE SERVED |

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