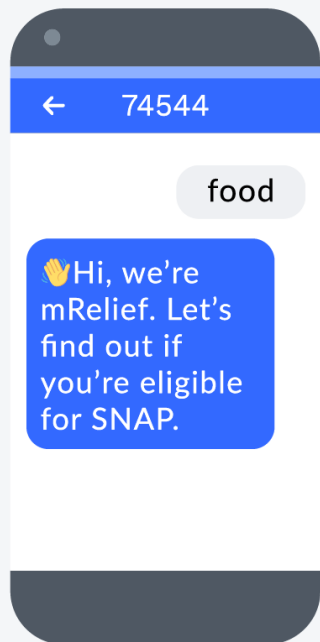




# How to apply for LINK (food stamps)



**Text "FOOD" to 74544\***

Answer a few questions about yourself and mRelief will let you know if you likely qualify.

You can also visit

👉 [apply.mrelief.com](https://apply.mrelief.com)

