

PROVIDER PROFILE



Jennifer Hess, FNP-BC

Occupational Medicine, Orthopedics

PRIMARY LOCATION

SBL Bonutti Clinic vcard

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Effingham, IL 62401
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Office Hours:

8 am to 5 pm - Monday through Friday

IOVERA° PAIN RELIEF TREATMENT

Jennifer Hess, FNP-BC, now offers iovera°. iovera° is a safe, innovative pain relief treatment. It uses extreme cold to stop nerves from sending pain signals to your brain. This effect is immediate, and can last 90 days. The iovera° system is a handheld device that lets your doctor apply just the right amount of extreme cold only to the nerves they want to target—the ones causing you pain. This process delivers immediate pain relief in the time it takes for a routine doctor's visit, and it doesn't hurt. iovera° does not contain medicine. iovera° treatment is safe and does not damage or destroy any surrounding tissue.

BOARD CERTIFICATION

- Certified Family Nurse Practitioner

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- American Academy of Nurse Practitioners

HEALTH PLANS

<https://www.sarahbush.org/billinginformation/>