

# PROVIDER BY SPECIALTY

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## **Richard Snowden, MD**



## **Louis E. Schwing, IV, MD**

Adult Primary Care, Internal Medicine, Occupational Medicine

### **PRIMARY LOCATION** **SBL Bonutti Clinic / Internal Medicine vcard**

1303 W. Evergreen Ave  
Suite 200  
Effingham, IL 62401  
ph: 217-238-4634  
fx: 217-342-3402

**Office Hours:**  
8 am to 5 pm, Monday through Friday

**BOARD CERTIFICATION**  
American Board of Internal Medicine

**RESIDENCY**  
Northwestern University,  
Chicago, IL

**INTERNSHIP**  
Northwestern University,  
Chicago, IL

**MEDICAL SCHOOL**  
University of Illinois School of  
Medicine, Rockford, IL

**HEALTH PLANS**  
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## **Valerie Saunders, APRN**

Advanced Practice Registered Nurse, Dermatology

**LANGUAGES:**  
English

### **PRIMARY LOCATION** **Deerpath Medical vcard**

100 Deerpath Road  
Charleston, Illinois 61920  
ph: 217 234-8000  
fx: 217 234-8003



**Monica Scott, APRN**  
Advanced Practice Registered  
Nurse, Cardiology

**LANGUAGES:**  
English

**PRIMARY LOCATION**  
**SBL Effingham Cardiology**  
**vcard**

1303 West Evergreen Avenue,  
Suite 201  
Effingham, IL 62401  
ph: 217-238-4960  
fx: 217-347-2313

**Office Hours:**  
8 am to 4:30 pm - Monday  
through Thursday  
8 am to 4 pm - Friday

**BOARD CERTIFICATION**  
American Academy of Nurse  
Practitioners  
Certified Family Nurse  
Practitioner

**EDUCATION**  
Bachelors of Science in Nursing,  
Southern Illinois University,  
Edwardsville, IL  
Masters of Science in Nursing,  
Indiana State University, Terre  
Haute, IN

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**Sydney Shackelford,**  
**APRN**  
Advanced Practice Registered  
Nurse, General Surgery,  
Surgery

**LANGUAGES:**  
English

**PRIMARY LOCATION**  
**SBL Surgery Department**  
**vcard**

1000 Health Center Drive  
Mattoon, IL 61938  
ph: 217 258-2440  
fx: 217 258-2186

**HEALTH PLANS**  
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**Penelope Shields,**  
**DNP**  
Advanced Practice Registered  
Nurse, Inpatient, Psychiatry

**PRIMARY LOCATION**  
**SBL Psychiatry and**  
**Counseling vcard**

700 West Lincoln Avenue  
Suite 200  
Charleston, Illinois 61920  
ph: 217 258-4042  
fx: 217 258-4053

**BOARD CERTIFICATION**  
• Certified Family Nurse  
Practitioner  
• American Nurses Credentialing  
Center  
• Certified Psychiatric/Mental  
Health Clinical Nurse Practitioner  
• American Academy of Nurse  
Practitioners  
• Doctor of Nursing Practice

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**Kimberly Sikorski,  
APRN**

Advanced Practice Registered  
Nurse, Inpatient Oncology,  
Oncology

**BOARD CERTIFICATION**

- American Academy of Nurse Practitioners
- Certified Family Nurse Practitioner
- Advanced Practice Registered Nurse License

**EDUCATION**

- Master of Science in Nursing, Indiana State University, Terre Haute, IN
- Bachelor of Science in Nursing, Eastern Illinois University, Charleston, IL

**HEALTH PLANS**

<https://www.sarahbush.org/billinginformation/>



**Jennifer Sledge, APRN**

Advanced Practice Registered  
Nurse, Psychiatry

**PRIMARY LOCATION  
SBL Psychiatry and  
Counseling vcard**

700 West Lincoln Avenue  
Suite 200  
Charleston, Illinois 61920  
ph: 217 258-4042  
fx: 217 258-4053

**BOARD CERTIFICATION**

- American Nurses Credentialing Center
- Certified Psychiatric & Mental Health Nurse Practitioner

**HEALTH PLANS**

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**Heather Smith, APRN**

Advanced Practice Registered  
Nurse, Infusion Services

**PRIMARY LOCATION  
SBL Infusion Services vcard**

1000 Health Center Drive  
1 North  
Mattoon, IL 61938  
ph: 217-258-4150  
fx: 217-348-2579

**Office Hours:**

8 am to 4:30 pm – Monday-Friday

**BOARD CERTIFICATION**

- American Academy of Nurse Practitioners
- Certified Family Nurse Practitioner

**HEALTH PLANS**

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**Eliza Smith, APRN,  
FNP-BC**

Advanced Practice Registered  
Nurse, Walk-In Clinic

**PRIMARY LOCATION**  
**SBL Charleston Walk-In Clinic**  
**vcard**

2040 Lincoln Ave.  
Charleston, IL 61920  
ph: 217 345-2030  
fx: 217 345-2045

**Office Hours:**

8 am to 7 pm / Monday through  
Friday  
8 am to 3 pm / Saturday &  
Sunday

**BOARD CERTIFICATION**

- American Academy of Nurse Practitioners
- Certified Family Nurse Practitioner

**HEALTH PLANS**

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**Megan Steffen, APRN**

Advanced Practice Registered  
Nurse, Internal Medicine

**PRIMARY LOCATION**  
**SBL Effingham Medical Clinic**  
**vcard**

SBL Bonutti Clinic  
1303 West Evergreen Ave., Suite  
202  
Effingham, IL 62401  
ph: 217-238-4634  
fx: 217-342-3402

**BOARD CERTIFICATION**

- American Academy of Nurse Practitioners
- Certified Family Nurse Practitioner

**HEALTH PLANS**

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**Zachary Shields, PA-C**

Cardiology, Physician  
Assistant-Certified

**LANGUAGES:**

English

**PRIMARY LOCATION**  
**SBL Effingham Cardiology**  
**vcard**

1303 West Evergreen Avenue,  
Suite 201  
Effingham, IL 62401  
ph: 217-238-4960  
fx: 217-347-2313

**Office Hours:**

8 am to 4:30 pm - Monday  
through Thursday  
8 am to 4 pm - Friday

**CERTIFICATION**

- BLS Certified
- ACLS Certification

**EDUCATION**

- Bachelor's Degree in Biological Science, University of South Florida, Tampa, FL
- Associates Degree in Applied Science, Parkland College, Champaign, IL
- Master's in Physician Assistant Studies, Florida International University, Miami, FL

**PROFESSIONAL AFFILIATIONS**

AAPA

**HEALTH PLANS**

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## Michael Smith, MD, PhD

ENT, Ear, Nose & Throat,  
Otolaryngology

### PRIMARY LOCATION SBL ENT Clinic vcard

1005 Health Center Drive  
Suite 201  
Mattoon, Illinois 61938  
ph: 217 258-2409  
fx: 217 258-2323

### Office Hours:

8 am to 5 pm - Monday through  
Thursday  
8 am to 2 pm - Friday

### BOARD CERTIFICATION

American Board of  
Otolaryngology, Head and Neck  
Surgery

### EDUCATION

- Residency - North Carolina Baptist Hospital, Winston-Salem, NC
- Internship - North Carolina Baptist Hospital, Winston-Salem, NC
- Medical School - Bowman Gray School of Medicine/ Wake Forest University, Winston-Salem, NC

### SPECIALTIES & INTERESTS

Subspecialty Sleep Medicine

### HEALTH PLANS

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## Kimber Schrowang, PA-C

Emergency Medicine,  
Physician Assistant-Certified

### LANGUAGES: English

### PRIMARY LOCATION SBL Emergency Department vcard

1000 Health Center Drive  
Mattoon, Illinois 61938  
ph: 217 258-2551  
fx: 217 258-2256

### BOARD CERTIFICATION

American Academy of Physician  
Assistants

### HEALTH PLANS

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## Derek Stout, DO

Emergency Medicine

### PRIMARY LOCATION SBL Emergency Department vcard

1000 Health Center Drive  
Mattoon, Illinois 61938  
ph: 217 258-2551  
fx: 217 258-2256

### BOARD CERTIFICATION

- American Osteopathic Board of Emergency Medicine
- American Osteopathic Board of Internal Medicine

### VIDEOS

<https://youtu.be/cvOjpytZWx4>

### HEALTH PLANS

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**Sathya Subbiah, MD**  
Endocrinology

**LANGUAGES:**  
English

**PRIMARY LOCATION**  
**SBL Family Medical Center - Endocrinology vcard**

200 Richmond Ave. East  
Suite 3  
Mattoon, IL 61938  
ph: 217-234-7000 Option 3, then 2  
fx: 217-234-2060

**Office Hours:**  
8 am to 4:30 pm  
Monday through Friday

**BOARD CERTIFICATION**  
American Board of Internal Medicine  
• Internal Medicine and Endocrinology

**RESIDENCY**  
University of Illinois at Urbana-Champaign, Urbana, IL

**MEDICAL SCHOOL**  
Madurai Medical College, India

**SPECIALTIES & INTERESTS**  
Treating patients 18 and older

**HEALTH PLANS**  
<https://www.sarahbush.org/billinginformation/>



**Stephen Steiner, MD**  
Gastroenterology

**LANGUAGES:**  
English

**PRIMARY LOCATION**  
**SBL Gastroenterology Clinic vcard**

1000 Health Center Drive  
Suite 204  
Mattoon, Illinois 61938  
ph: 217 258-4155  
fx: 217 258-4138

**BOARD CERTIFICATION**  
American Board of Internal Medicine

**SUBSPECIALTY**  
Subspecialty Board of Gastroenterology

**HEALTH PLANS**  
<https://www.sarahbush.org/billinginformation/>



**Lisa M. Sasso, MD, FAAOS**  
Hand Surgery, Hand Therapy, Surgery

**LANGUAGES:**  
English

**PRIMARY LOCATION**  
**SBL Southern Illinois Hand Center vcard**

901 Medical Park Dr.  
Suite 100  
Effingham, IL 62401  
ph: 217-347-3003  
fx: 217-347-3005

**Office Hours:**  
8 am to 4:30 pm - Monday through Thursday  
Closed for lunch from Noon to 12:30 pm  
8 am to Noon - Friday

**FELLOW**  
Hand Surgery Fellowship - University of Utah Medical Center, Salt Lake City, UT

**BOARD CERTIFICATION**  
American Board of Orthopedic Surgery Added Qualification in Hand Surgery

**FELLOWSHIP**  
American Academy of Orthopedic Surgeons

**RESIDENCY**  
Orthopedic Surgery - Northwestern University Medical Center, Chicago, IL

**MEDICAL SCHOOL**  
Rush University Medical School, Chicago, IL

**SCHEDULE**  
As of January 1, 2025, Dr. Sasso will no longer be seeing patients in Mattoon at the SBL Orthopedics & Sport Medicine.

**HEALTH PLANS**  
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**Patrick K. Stewart,  
MD, FACS**

Hand Surgery, Hand Therapy,  
Surgery

**LANGUAGES:**  
English

**PRIMARY LOCATION**  
**SBL Southern Illinois Hand  
Center vcard**

901 Medical Park Dr.  
Suite 100  
Effingham, IL 62401  
ph: 217-347-3003  
fx: 217-347-3005

**Office Hours:**  
8 am to 4:30 pm - Monday  
through Thursday  
Closed for lunch from Noon to  
12:30 pm  
8 am to Noon - Friday

**FELLOW**  
American College of Surgeons

**BOARD CERTIFICATION**  
• American Board of Surgery  
• American Board of Surgery  
Certification with Added  
Qualifications in Hand Surgery

**FELLOWSHIP**  
University of Buffalo School of  
Medicine, Buffalo, NY

**RESIDENCY**  
Catholic Medical Center of  
Brooklyn and Queens, in  
affiliation with Cornell University,  
NY

**INTERNSHIP**  
Riverside Methodist Hospitals,  
Columbus, OH

**MEDICAL SCHOOL**  
Medical College of Ohio, Toledo,  
OH

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**Abdur Shakir, MD**  
Medical Oncology, Oncology

**PRIMARY LOCATION**  
**SBL Regional Cancer Center  
vcard**

1001 Health Center Dr.  
Mattoon, IL 61938  
ph: 217-258-2250  
fx: 217-258-2249

**BOARD CERTIFICATION**  
• American Board of Medical  
Oncology  
• American Board of Internal  
Medicine

**VIDEOS**  
<https://youtu.be/B4kqKe3kn-A>

**CLINICAL AFFILIATIONS**  
Clinical Assistant Professor at  
University of Illinois at Chicago

**HEALTH PLANS**  
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**Manisha Shah, MD,  
FACOG**

OB/GYN Hospitalist

**LANGUAGES:**  
English, Gujarati, Hindi

**PRIMARY LOCATION**  
**SBL Women's Healthcare  
Clinic vcard**

1000 Health Center Drive  
Suite 201  
Mattoon, Illinois 61938  
ph: 217 258-4030  
fx: 217 258-2353

**FELLOW**  
The American Congress of  
Obstetricians and Gynecologists

**CERTIFICATION**  
American Board of Obstetrics &  
Gynecology

**EDUCATION**  
• Johns Hopkins University, Z.  
Krieger School of Arts &  
Sciences, Baltimore, MD  
• Maharaja Sayajirao University,  
Baroda Medical College, Baroda,  
Gujarat, India, M.B.B.S.

**RESIDENCY**  
Drexel University College of  
Medicine and Temple University  
School of Medicine, Philadelphia,  
PA

**HEALTH PLANS**  
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**Carlos Sierra, MD,  
FACOG**

Obstetrics/Gynecology

**LANGUAGES:**

English, Spanish

**PRIMARY LOCATION**

**SBL Women's Healthcare  
Clinic vcard**

1000 Health Center Drive  
Suite 201  
Mattoon, Illinois 61938  
ph: 217 258-4030  
fx: 217 258-2353

**BOARD CERTIFICATION**

- American Board of Obstetrics and Gynecology
- Minimally Invasive Gynecologic Surgery Focused Practice Designation

**EDUCATION**

- OB-GYN Residency, Ponce University Hospital, Ponce Puerto Rico
- General Physician, Public Service Year, CSF Naranjito Puerto Rico
- Transitional Residency, Damas Hospital, Puerto Rico
- MD Doctorate Degree in Medicine Autonomous University of Guadalajara

**FELLOWSHIP**

Fellow of American College Obstetricians and Gynecologists

**HEALTH PLANS**

<https://www.sarahbush.org/billinginformation/>



**Donald M.  
Sandercock, II, DO,  
FAOAO**

Orthopedic Surgery,  
Orthopedics

**PRIMARY LOCATION**

**SBL Orthopedics & Sports  
Medicine vcard**

1004 Health Center Drive  
Suite 100  
Mattoon, Illinois 61938  
ph: 217 238-3435  
fx: 217 238-3492

**BOARD CERTIFICATION**

American Osteopathic Board of  
Orthopedic Surgery

**FELLOWSHIP**

Fellow of the American  
Osteopathic Academy of  
Orthopedics

**WEBSITE**

<https://orthopedics.sarahbush.org/>

**RESIDENCY**

Michigan State University, East  
Lansing, MI

**INTERNSHIP**

Wright Patterson Air Force Base,  
Wright State University, Dayton,  
OH

**MEDICAL SCHOOL**

Kirkville College of Osteopathic  
Medicine, Kirkville, MO

**HEALTH PLANS**

<https://www.sarahbush.org/billinginformation/>



**Jeremy Stevens, MD**

Orthopedic Surgery,  
Orthopedics

**PRIMARY LOCATION**

**SBL Orthopedics & Sports  
Medicine vcard**

1004 Health Center Drive  
Suite 100  
Mattoon, Illinois 61938  
ph: 217 238-3435  
fx: 217 238-3492

**BOARD CERTIFICATION**

American Board of Orthopaedic  
Surgery

**FELLOWSHIP**

Sports Medicine Fellowship, F.  
Harlan Selesnick, MD, Miami, FL

**WEBSITE**

<https://orthopedics.sarahbush.org/>

**RESIDENCY**

Maimonides Medical Center,  
Brooklyn, NY

**EDUCATION & TRAINING**

Certified in Stryker MAKO  
Robotic-Arm Assisted Surgery

**MEDICAL SCHOOL**

University of Illinois School of  
Medicine, Chicago, IL

**FACULTY APPOINTMENTS**

Adjunct Assistant Professor at  
Southern Illinois University  
School of Medicine

**HEALTH PLANS**

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## **Kristina Smith, APRN**

Walk-In Clinic

### **LANGUAGES:**

English

### **PRIMARY LOCATION**

**SBL Charleston Walk-In Clinic  
vcard**

2040 Lincoln Ave.  
Charleston, IL 61920  
ph: 217 345-2030  
fx: 217 345-2045

### **Office Hours:**

8 am to 7 pm / Monday through  
Friday  
8 am to 3 pm / Saturday &  
Sunday

### **BOARD CERTIFICATION**

- Certified Family Nurse Practitioner
- American Academy of Nurse Practitioners

### **HEALTH PLANS**

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