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**Katie Koester, APRN**

Adult Primary Care, Advanced
Practice Registered Nurse,
Family Medicine, Family
Practice

LANGUAGES:

English

PRIMARY LOCATION

**SBL Altamont Medical Center
vcard**

5 East Cumberland Rd.
Altamont, IL ph: 618-483-6151
fx: 618-483-6153

Office Hours:

Hours

7 am to Noon & 1 to 5 pm –
Monday through Friday
Same day appointments
available

BOARD CERTIFICATION

Board Certified Nurse
Practitioner, American
Association of Nurse
Practitioners (AANP)

EDUCATION & TRAINING

Bachelor of Science in Nursing,
Southern Illinois University,
Edwardsville, IL
Master of Science in Nursing,
Indiana State University, Terre
Haute, IN

SPECIALTIES & INTERESTS

Women's Health, Pediatrics,
Geriatrics

SOCIETY

American Association of Nurse
Practitioners
Illinois Society for Advance
Practice Nurses
Sigma Theta Tau International
Honor Society of Nursing

HEALTH PLANS

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**Lana Keigley, DNP**

Advanced Practice Registered
Nurse, Pediatrics

LANGUAGES:

English

PRIMARY LOCATION

SBL Pediatric Clinic vcard

1005 Health Center Dr.
Suite 100
Mattoon, IL 61938
ph: 217 258-4006
fx: 217 258-4120

Office Hours:

8 am to 5 pm - Monday through
Friday

HEALTH PLANS

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**Michele Kinder, APRN,
FNP-BC**

Advanced Practice Registered
Nurse, Family Medicine

PRIMARY LOCATION

**SBL Charleston Clinic East
vcard**

2040 Lincoln Ave.
Charleston, IL 61920
ph: 217 345-2211
fx: 217 345-2711

Office Hours:

8 am to 5 pm – Monday through
Friday

BOARD CERTIFICATION

- Certified Family Nurse
Practitioner
- American Academy of Nurse
Practitioners

EDUCATION & TRAINING

Indiana Wesleyan University,
Marion, IN – Master's of Science
in Nursing

SPECIALTIES & INTERESTS

- Botox treatments for migraines
and cosmetic use
- DOT Physicals

HEALTH PLANS

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Julie Kim, DO

Bariatric Surgery, Foregut Surgery, General Surgery, Minimally Invasive Surgery, Surgery

LANGUAGES:

English, Korean, Spanish

PRIMARY LOCATION

SBL Surgery Clinic vcard

1000 Health Center Drive
Suite 401
Mattoon, Illinois 61938
ph: 217 258-4020
fx: 217 258-4023

Office Hours:

8 am to 4:30 pm - Monday
through Thursday
8 am to Noon - Friday

CERTIFICATION

American Board of Surgery

EDUCATION

Touro College of Osteopathic
Medicine, New York, NY

FELLOWSHIP

University of Nebraska Medical
Center, Omaha, NE

RESIDENCY

Community Memorial Health
System, Ventura, CA

HEALTH PLANS

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Dean Katsamakos, DO

Cardiologist, Cardiology

PRIMARY LOCATION

**The Heart Center at SBL
vcard**

1000 Health Center Drive
Entrance H
Mattoon, IL 61938
ph: 217 238-4960
fx: 217 238-4951

BOARD CERTIFICATION

- American Board of Internal Medicine, Cardiology
- American Board of Internal Medicine, Interventional Cardiology
- Diplomate of the Certification Board of Nuclear Cardiology
- Fellow Society for Cardiovascular Angiography and Interventions
- Fellow American College of Cardiology

EDUCATION & TRAINING

- Medical School - Chicago College of Osteopathic Medicine of Midwestern University, Downers Grove, IL
- Residency - Internal Medicine, Rush University Medical Center, Chicago, IL
- Fellowship - Interventional Cardiology/Peripheral Medicine, Rush University Medical Center, Chicago, IL
- Fellowship - Cardiovascular Medicine, Rush University Medical Center, Chicago, IL

SPECIALTIES & INTERESTS

Vein Ablation

HEALTH PLANS

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Abraham Kocheril, MD

Cardiologist, Cardiology, Electrophysiology, Independent Provider

PRIMARY LOCATION

**The Heart Center at SBL
vcard**

1000 Health Center Drive
Entrance H
Mattoon, IL 61938
ph: 217 238-4960
fx: 217 238-4951

BOARD CERTIFICATION

- American Board of Internal Medicine, Clinical Cardiac Electrophysiology
- American Board of Internal Medicine, Cardiovascular Disease

FELLOWSHIP

Cardiology, Electrophysiology -
Yale University School of
Medicine, New Haven, CT

RESIDENCY

Miriam Hospital/Brown
University, Providence, RI

MEDICAL SCHOOL

New York University School of
Medicine, New York, NY

HEALTH PLANS

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Doug Kabbes, MD

Family Medicine, Family Practice, Walk-In Clinic, Weight Management

PRIMARY LOCATION

SBL Effingham Walk-In Clinic vcard

1303 W. Evergreen Ave
Suite 100
Effingham, IL 62401
ph: 217-540-6123
fx: 217-347-7197

Office Hours:

7 am to 7 pm - Monday through Friday
8 am to 3 pm - Saturday & Sunday

PROFILE

- No appointment necessary
- Caring for children three months of age and older
- Accepting most insurance plans
- Extended hours
- Convenient and accessible

BOARD CERTIFICATION

- American Board of Obesity Medicine
- American Board of Family Medicine

HEALTH PLANS

<https://www.sarahbush.org/billinginformation/>



Katelyn Klosterman, MD

Family Medicine, Family Practice

LANGUAGES:

English

PRIMARY LOCATION

SBL Effingham Medical Clinic vcard

SBL Bonutti Clinic
1303 West Evergreen Ave., Suite 202
Effingham, IL 62401
ph: 217-238-4634
fx: 217-342-3402

BOARD CERTIFICATION

American Board of Family Medicine

EDUCATION

- Bachelor of Science - Illinois Wesleyan University, Bloomington, IL
- Medical Degree - University of Illinois College of Medicine, Rockford, IL

RESIDENCY

Family Medicine Residency - Ascension St. Vincent, Indianapolis, IN

HEALTH PLANS

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Ahmed Khan, MD

Hospitalist

LANGUAGES:

English

PRIMARY LOCATION

Sarah Bush Lincoln Health Center vcard

1000 Health Center Drive
Mattoon, Illinois 61938
ph: 217 238-4325
fx: 217 238-4290

HEALTH PLANS

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John Killough, DPM, CWS

Independent Provider,
Podiatry

PRIMARY LOCATION Regional Foot Center, LTD, Charleston vcard

1301 Deerpath Road
Charleston, Illinois 61920
ph: 217 348-3339
fx: 217 348-3340

BOARD CERTIFICATION

- American Board of Podiatric Orthopedics and Primary Podiatric Medicine
- Certified Wound Specialist

FELLOWSHIP

- Fellow of American Academy of Wound Management
- Fellow of American College of Foot and Ankle Orthopedics and Medicine



Stuart King, MD

Interventional Pain, Pain

LANGUAGES:
English

PRIMARY LOCATION Interventional Pain Management vcard

SBL Bonutti Clinic
1303 W. Evergreen Ave., Suite
201
Effingham, IL 62401
ph: 217-347-2332
fx: 217-347-2313

Office Hours:

8 am to 4:30 pm, Monday -
Thursday

BOARD CERTIFICATION

American Board of
Anesthesiology

EDUCATION

- Master of Business Administration, University of Illinois College of Business
- Anesthesiology Residency, University of Missouri, Kansas City, MO
- General Surgery Internship, University of Missouri, Kansas City, MO
- Doctor of Medicine, University of Illinois College of Medicine, Urbana & Peoria, IL
- Bachelor of Science, University of Illinois, Urbana, IL
- Associate of Liberal Arts, Parkland College - Champaign, IL

HEALTH PLANS

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James Kohlmann, MD

Orthopedic Surgery,
Orthopedics

PRIMARY LOCATION SBL Orthopedics & Sports Medicine vcard

1004 Health Center Drive
Suite 100
Mattoon, Illinois 61938
ph: 217 238-3435
fx: 217 238-3492

BOARD CERTIFICATION

American Board of Orthopaedic
Surgery

RESIDENCY

University of Illinois Hospital,
Chicago, IL

INTERNSHIP

University of Illinois Hospital,
Chicago, IL

MEDICAL SCHOOL

University of Illinois School of
Medicine, Chicago, IL

VIDEOS

<https://youtu.be/S-AfnDtHlcl>

HEALTH PLANS

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**Mohammed Khan,
MD, FAAP**

Pediatric Hospitalist

LANGUAGES:

English

PRIMARY LOCATION

**Sarah Bush Lincoln Health
Center vcard**

1000 Health Center Drive
Mattoon, Illinois 61938
ph: 217 238-4325
fx: 217 238-4290

RESIDENCY

St. Joseph's Hospital Medical
Center, Phoenix, AZ

INTERNSHIP

Brookdale University Hospital,
Brooklyn, NY

MEDICAL SCHOOL

Ross University School of
Medicine, Dominica

HEALTH PLANS

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