

# PROVIDER BY SPECIALTY

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Search results

<b>A</b>		<b>C</b>		<b>I</b>	
Adult Primary Care .....	1	Cardiologist .....	2	Independent Provider .....	4
Advanced Practice Registered Nurse .....	1			Interventional Pain .....	4
<b>B</b>		<b>F</b>		<b>O</b>	
Bariatric Surgery .....	2	Family Medicine .....	3	Orthopedic Surgery .....	4
		<b>H</b>		<b>P</b>	
		Hospitalist .....	3	Pediatric Hospitalist .....	5

# PROVIDER BY NAME

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Search results

<b>K</b>	
Kabbes, Doug .....	3
Katsamakias, Dean .....	2
Keigley, Lana .....	1
Khan, Ahmed .....	3
Khan, Mohammed .....	5
Killough, John .....	4
Kim, Julie .....	2
Kinder, Michele .....	1
King, Stuart .....	4
Klosterman, Katelyn .....	3
Kocheril, Abraham .....	2
Koester, Katie .....	1
Kohlmann, James .....	4



**Katie Koester, APRN**  
 Adult Primary Care, Advanced  
 Practice Registered Nurse,  
 Family Medicine, Family  
 Practice

**LANGUAGES:**  
 English

**PRIMARY LOCATION**  
**SBL Altamont Medical Center**  
**vcard**

5 East Cumberland Rd.  
 Altamont, IL ph: 618-483-6151  
 fx: 618-483-6153

**Office Hours:**  
 Hours  
 7 am to Noon & 1 to 5 pm -  
 Monday through Friday  
 Same day appointments  
 available

**BOARD CERTIFICATION**  
 Board Certified Nurse  
 Practitioner, American  
 Association of Nurse  
 Practitioners (AANP)

**EDUCATION & TRAINING**  
 Bachelor of Science in Nursing,  
 Southern Illinois University,  
 Edwardsville, IL  
 Master of Science in Nursing,  
 Indiana State University, Terre  
 Haute, IN

**SPECIALTIES & INTERESTS**  
 Women's Health, Pediatrics,  
 Geriatrics

**SOCIETY**  
 American Association of Nurse  
 Practitioners  
 Illinois Society for Advance  
 Practice Nurses  
 Sigma Theta Tau International  
 Honor Society of Nursing

**HEALTH PLANS**  
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**Lana Keigley, DNP**  
 Advanced Practice Registered  
 Nurse, Pediatrics

**LANGUAGES:**  
 English

**PRIMARY LOCATION**  
**SBL Pediatric Clinic vcard**

1005 Health Center Dr.  
 Suite 100  
 Mattoon, IL 61938  
 ph: 217 258-4006  
 fx: 217 258-4120

**Office Hours:**  
 8 am to 5 pm - Monday through  
 Friday

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**Michele Kinder, APRN,  
 FNP-BC**  
 Advanced Practice Registered  
 Nurse, Family Medicine

**PRIMARY LOCATION**  
**SBL Charleston Clinic East**  
**vcard**

2040 Lincoln Ave.  
 Charleston, IL 61920  
 ph: 217 345-2211  
 fx: 217 345-2711

**Office Hours:**  
 8 am to 5 pm - Monday through  
 Friday

**BOARD CERTIFICATION**  
 • Certified Family Nurse  
 Practitioner  
 • American Academy of Nurse  
 Practitioners

**EDUCATION & TRAINING**  
 Indiana Wesleyan University,  
 Marion, IN - Master's of Science  
 in Nursing

**SPECIALTIES & INTERESTS**  
 • Botox treatments for migraines  
 and cosmetic use  
 • DOT Physicals

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## Julie Kim, DO

Bariatric Surgery, Foregut Surgery, General Surgery, Minimally Invasive Surgery, Surgery

### LANGUAGES:

English, Korean, Spanish

### PRIMARY LOCATION

**SBL Surgery Clinic vcard**

1000 Health Center Drive  
Suite 401  
Mattoon, Illinois 61938  
ph: 217 258-4020  
fx: 217 258-4023

### Office Hours:

8 am to 4:30 pm - Monday  
through Thursday  
8 am to Noon - Friday

### CERTIFICATION

American Board of Surgery

### EDUCATION

Touro College of Osteopathic  
Medicine, New York, NY

### FELLOWSHIP

University of Nebraska Medical  
Center, Omaha, NE

### RESIDENCY

Community Memorial Health  
System, Ventura, CA

### HEALTH PLANS

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## Dean Katsamakis, DO

Cardiologist, Cardiology

### PRIMARY LOCATION

**The Heart Center at SBL  
vcard**

1000 Health Center Drive  
Entrance H  
Mattoon, IL 61938  
ph: 217 238-4960  
fx: 217 238-4951

### BOARD CERTIFICATION

- American Board of Internal Medicine, Cardiology
- American Board of Internal Medicine, Interventional Cardiology
- Diplomate of the Certification Board of Nuclear Cardiology
- Fellow Society for Cardiovascular Angiography and Interventions
- Fellow American College of Cardiology

### EDUCATION & TRAINING

- Medical School - Chicago College of Osteopathic Medicine of Midwestern University, Downers Grove, IL
- Residency - Internal Medicine, Rush University Medical Center, Chicago, IL
- Fellowship - Interventional Cardiology/Peripheral Medicine, Rush University Medical Center, Chicago, IL
- Fellowship - Cardiovascular Medicine, Rush University Medical Center, Chicago, IL

### SPECIALTIES & INTERESTS

Vein Ablation

### HEALTH PLANS

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## Abraham Kocheril, MD

Cardiologist, Cardiology, Electrophysiology, Independent Provider

### PRIMARY LOCATION

**The Heart Center at SBL  
vcard**

1000 Health Center Drive  
Entrance H  
Mattoon, IL 61938  
ph: 217 238-4960  
fx: 217 238-4951

### BOARD CERTIFICATION

- American Board of Internal Medicine, Clinical Cardiac Electrophysiology
- American Board of Internal Medicine, Cardiovascular Disease

### FELLOWSHIP

Cardiology, Electrophysiology -  
Yale University School of  
Medicine, New Haven, CT

### RESIDENCY

Miriam Hospital/Brown  
University, Providence, RI

### MEDICAL SCHOOL

New York University School of  
Medicine, New York, NY

### HEALTH PLANS

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**Doug Kabbes, MD**  
Family Medicine, Family Practice, Walk-In Clinic, Weight Management

**PRIMARY LOCATION**  
**SBL Effingham Walk-In Clinic**  
vcard

1303 W. Evergreen Ave  
Suite 100  
Effingham, IL 62401  
ph: 217-540-6123  
fx: 217-347-7197

**Office Hours:**  
7 am to 7 pm - Monday through Friday  
8 am to 3 pm - Saturday & Sunday

**PROFILE**

- No appointment necessary
- Caring for children three months of age and older
- Accepting most insurance plans
- Extended hours
- Convenient and accessible

**BOARD CERTIFICATION**  
• American Board of Obesity Medicine  
• American Board of Family Medicine

**HEALTH PLANS**  
<https://www.sarahbush.org/billinginformation/>



**Katelyn Klosterman, MD**  
Family Medicine, Family Practice

**LANGUAGES:**  
English

**PRIMARY LOCATION**  
**SBL Effingham Medical Clinic**  
vcard

SBL Bonutti Clinic  
1303 West Evergreen Ave., Suite 202  
Effingham, IL 62401  
ph: 217-238-4634  
fx: 217-342-3402

**BOARD CERTIFICATION**  
American Board of Family Medicine

**EDUCATION**  
• Bachelor of Science - Illinois Wesleyan University, Bloomington, IL  
• Medical Degree - University of Illinois College of Medicine, Rockford, IL

**RESIDENCY**  
Family Medicine Residency - Ascension St. Vincent, Indianapolis, IN

**HEALTH PLANS**  
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**Ahmed Khan, MD**  
Hospitalist

**LANGUAGES:**  
English

**PRIMARY LOCATION**  
**Sarah Bush Lincoln Health Center**  
vcard

1000 Health Center Drive  
Mattoon, Illinois 61938  
ph: 217 238-4325  
fx: 217 238-4290

**HEALTH PLANS**  
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**John Killough, DPM,  
CWS**

Independent Provider,  
Podiatry

**PRIMARY LOCATION  
Regional Foot Center, LTD,  
Charleston vcard**

1301 Deerpath Road  
Charleston, Illinois 61920  
ph: 217 348-3339  
fx: 217 348-3340

**BOARD CERTIFICATION**

- American Board of Podiatric Orthopedics and Primary Podiatric Medicine
- Certified Wound Specialist

**FELLOWSHIP**

- Fellow of American Academy of Wound Management
- Fellow of American College of Foot and Ankle Orthopedics and Medicine



**Stuart King, MD**  
Interventional Pain, Pain

**LANGUAGES:**  
English

**PRIMARY LOCATION  
Interventional Pain  
Management vcard**

SBL Bonutti Clinic  
1303 W. Evergreen Ave., Suite  
201  
Effingham, IL 62401  
ph: 217-347-2332  
fx: 217-347-2313

**Office Hours:**

8 am to 4:30 pm, Monday -  
Thursday

**BOARD CERTIFICATION**

American Board of  
Anesthesiology

**EDUCATION**

- Master of Business Administration, University of Illinois College of Business
- Anesthesiology Residency, University of Missouri, Kansas City, MO
- General Surgery Internship, University of Missouri, Kansas City, MO
- Doctor of Medicine, University of Illinois College of Medicine, Urbana & Peoria, IL
- Bachelor of Science, University of Illinois, Urbana, IL
- Associate of Liberal Arts, Parkland College - Champaign, IL

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**James Kohlmann, MD**  
Orthopedic Surgery,  
Orthopedics

**PRIMARY LOCATION  
SBL Orthopedics & Sports  
Medicine vcard**

1004 Health Center Drive  
Suite 100  
Mattoon, Illinois 61938  
ph: 217 238-3435  
fx: 217 238-3492

**BOARD CERTIFICATION**

American Board of Orthopaedic  
Surgery

**RESIDENCY**

University of Illinois Hospital,  
Chicago, IL

**INTERNSHIP**

University of Illinois Hospital,  
Chicago, IL

**MEDICAL SCHOOL**

University of Illinois School of  
Medicine, Chicago, IL

**VIDEOS**

<https://youtu.be/S-AfnDtHlcl>

**HEALTH PLANS**

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**Mohammed Khan,  
MD, FAAP**

Pediatric Hospitalist

**LANGUAGES:**

English

**PRIMARY LOCATION**

**Sarah Bush Lincoln Health  
Center vcard**

1000 Health Center Drive  
Mattoon, Illinois 61938  
ph: 217 238-4325  
fx: 217 238-4290

**RESIDENCY**

St. Joseph's Hospital Medical  
Center, Phoenix, AZ

**INTERNSHIP**

Brookdale University Hospital,  
Brooklyn, NY

**MEDICAL SCHOOL**

Ross University School of  
Medicine, Dominica

**HEALTH PLANS**

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